

# 2015-2016

# CHILDREN'S RECEIVING HOME OF SACRAMENTO

## Annual Report



3555 Auburn Blvd  
Sacramento, CA 95821

916-482-2370  
[www.crhkids.org](http://www.crhkids.org)



Children's Receiving Home  
of Sacramento

## OUR YEAR 2015-2016

“...the system around us is changing, and we will be affected and need to change with it...I am confident that we will not only continue to provide the quality care we always have but will see great opportunities to grow as well.”

## FROM THE CEO

STRTP. TSCF. CCR. AB 403.

These may seem like confusing abbreviations (and they are) but they are all part of the brave new world that the Children's Receiving Home will be entering into as of January 1 this coming year. As our key supporters please allow me to attempt to convey an initial understanding of what these terms mean.

**CCR:** Continuum of Care Reform, what recent legislation and changed practices are intended to achieve.

**AB403:** The state legislation enacted earlier this year seeking to achieve CCR, and improve outcomes in the foster care system. Shorter lengths of stay and a movement towards more community-based placement for children are key parts of this legislation.

**STRTP:** Short Term Residential Therapeutic Program. In essence this will be the new term for a group home or out-of-home-care facility. The Receiving Home will be taking the first steps towards converting to this status as soon as the application process to do so is issued by the state.

**TSCF:** Temporary Shelter Care Facility. A new name for shelter programs, with a length of stay currently projected at no more than 10 days. I intend that going forward we will apply for this status as well.

That's a lot of information! And you may be wondering, "What does it all mean?". For the Receiving Home it means the system around us is changing, and we will be affected and need to change with it. It will be a bumpy next few years, not only for us, but for any agency caring for foster kids. Change is inevitable. However, I am confident that as long as we hold on firmly to our mission and deep commitment to children and families, we will not only continue to provide the quality care we always have but will see great opportunities to grow as well. We have never lost sight of our commitment to our clients and are certainly not going to do so now.

How can you help? Keep up the great support you've always given us. If possible, increase it. Whether that support is through volunteering, funding, or advocating for us, we still need your help. If you want to know more about any of the above, or want to discuss how you might want to step up for these kids in any way, please feel free to contact me. Until then, THANK YOU! For everything you do to make sure that now and forever, "This is a place where children and families matter".

**DAVID BALLARD, LCSW**  
CHIEF EXECUTIVE OFFICER

# SHARING OUR SUCCESS

## Highlights from our programs



### 88% of youth felt socially connected during their time at CRH

Connections are key – especially for kids in foster care. Studies have shown that being socially connected improves physical, mental, and emotional well-being. At CRH, we strive to provide our kids with the connections that will influence their success in life.



### 1,805 hours of individual and group therapy were provided

Our clinicians are trained in the most innovative practices and therapy approaches. Caring and compassionate therapy enables our kids to heal and move forward after suffering the trauma of abuse and neglect.



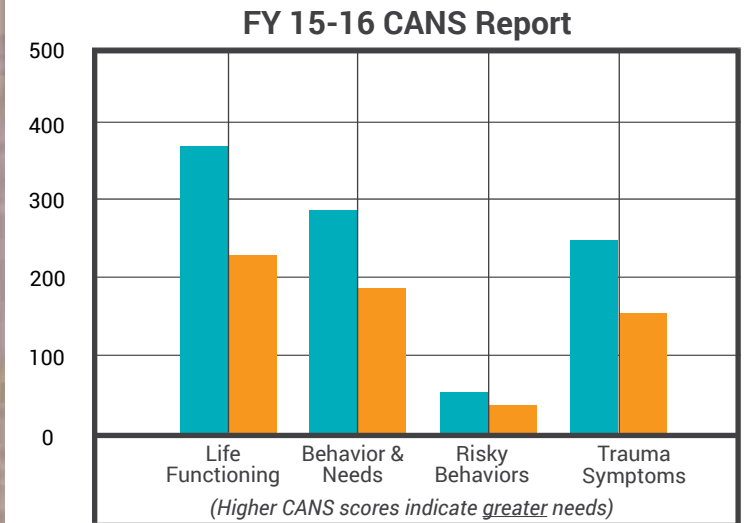
### 100% of eligible high school seniors graduated in June

One major roadblock to success for foster youth is high school graduation – only 50% achieve this milestone. CRH turns the tables on this sad statistic by giving our youth in the Independent Living Program the support and skills they need for a successful future.



### 86% of youth were discharged to permanent homes last year

When foster youth are placed in a stable and permanent home, their outcomes are drastically improved. Studies have shown that when permanency is achieved, its positive effects reach not only to the youth, but also extend to the next generation.



### Child and Adolescent Needs and Strengths

Youth in our care who received behavioral health services showed decreases in needs in the areas of Life Functioning, Behavior & Needs, Risky Behaviors, and Trauma Symptoms.

These results show that our programs and clinicians deliver therapy and interventions that make a difference and improve children and youth's overall well-being.





# ALEXZANDRA'S STORY

At first glance she looks like your average teenager, playing with a beloved pet in the park. Her smile is wide as her 5-month-old puppy energetically jumps and barks around her, both enjoying the best of what the sunny day has to offer.

At first glance you wouldn't know that this teenager lives alone, in her own apartment at the young age of 18. At first glance, you wouldn't know that behind that broad smile is the determination that comes from a lifetime of facing adversity. And at first glance, you wouldn't know that this puppy is not just a pet—he is her family. This is because, in Alexzandra's life, family has been in short supply.

Taken from her mom at the age of 8 and placed into foster care, Alexzandra says, "I had to grow up fast." Her mom had a drug addiction and was running from the police, taking Alexzandra along with her, jumping from one Greyhound bus to another, never staying in one place for long.

"She was always on drugs, off drugs, stable, unstable, in and out of the hospital," she says.

After a year in foster care, she was placed with her paternal grandmother. The next 7 years were spent in various family members' homes, the situations and environments never what they should have been. It was after a physical altercation with her brother that she was placed back in foster care.

However, she says, "The lady was doing things she shouldn't have been doing. And she had a son who liked to touch girls. She was going to take the lock off my door and I said, 'No way am I staying here with your son and no lock on my door.'"

Alexzandra told her teacher, the police came, and two days later she was placed in CRH's Independent Living Program (ILP). With the help of caring staff, Alexzandra worked hard to educate herself about what her options were once she turned 18. While in ILP, she began to identify her goals and make a plan.

With the help of various resources available to foster youth, she now has her own apartment which she shares with Niklaus, her puppy.

"He (Niklaus) is my pride and joy right there. That's my motivation...it's not just me. I have someone else relying on me," she says.

In addition to taking care of her puppy, Alexzandra is enrolled full-time at Cosumnes River College where she is studying to be an accountant. She says she plans to finish with a Masters Degree in Accounting and would like to work for the government.

But for now, she says, she's trying to save money. Her short-term goal is to get a car, then a condo, and eventually, "I see myself in the country, with a lot of acres, with my dog running around, and a horse in my backyard. Yes, I want a horse. My dream will come true. And a car, and a house. With a job, in the government. A nice paying job. And probably traveling."

**"Nobody is going to fight for you as hard or as much as you're going to fight for yourself. If you want something, you have to go out and get it... you have to work very hard for what you want."**



**Thank you to all those who gave to CRH this past year.**

**Your contributions have allowed us to make a difference in the lives of children and youth in crisis in Sacramento and beyond. We so appreciate your support.**

**Donors who gave \$500 or more are listed below.**

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Gifts of assets amplify our ability to serve children in crisis and can provide you with tax benefits as well.



Gifts of stocks, bonds or mutual funds provide immediate funding to the Children's Receiving Home and may help you avoid capital gains taxes.



Including the Children's Receiving Home in your will or as a beneficiary of your life insurance or retirement plan assets benefits the children who will need our services many years into the future.



Life Income gifts provide you or others with income now and leaves a future gift to the Children's Receiving Home, enabling us to provide comprehensive services to children in crisis.

**To learn more about the various giving options available to you, please contact Danielle McGarrity at 916.349.7530, ext. 1205 or [dmcgarrity@crhkids.org](mailto:dmcgarrity@crhkids.org).**

# 6 REASONS OUR DONORS ARE AWESOME

93

Organizations and individual donors worked hard to put on 93 donation drives this year. School supplies, hygiene items, toys, pajamas, shoes, and many other items were collected to help us provide the best care for our kids.

2

Two trips were entirely funded by donors this year. Our kids got to enjoy a summer outing to Monterey, and youth in our Independent Living Program (ILP) visited multiple colleges and universities on a week-long road trip.

915

Volunteers spent approximately 915 hours gathering donations, beautifying our campus, and putting on events for our kids. Their hard work and generosity was very much appreciated.

11,466

11,466 items were donated to help off-set the costs of providing for our kids. Clothing, backpacks, art supplies, medical items, shoes, blankets, diapers, duffel bags, and much more all went to the bottom line to keep funds devoted to the direct care of our kids.

10

Ten parties were organized by donors for our kids this year. Halloween and Easter BBQs, a Thanksgiving Feast, multiple Christmas parties, as well as other campus events gave our kids many unique and fun experiences.

45%

Our donors increased their holiday giving by 45% this year. This generosity enabled us to provide each child with gifts plus other essentials to use throughout the year.



Children's Receiving Home  
of Sacramento

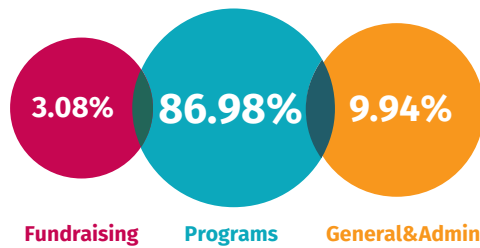
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# FINANCIAL STATEMENT

## Functional Expenses:



## Public Support & Revenue:

